

# GOLD WING ROAD RIDER'S ASSOCIATION



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**OH-U2 Couple of the Year 2010**  
**Rob & Lynn Berridge**

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## Heart of Ohio Wings - Chapter OH-U2

April 2010

# UPCOMING EVENTS

## APRIL

04/10/2010	Saturday	Ride 'N' Eat, 10:00 AM north meeting point <i>Neil Armstrong Air &amp; Space Museum, Wapakoneta</i>
04/13/2010	Tuesday	Midweek Dinner Ride, 6:30 PM, <i>City BBQ, Westerville</i>
04/16/2010	Friday	Poker Run Meeting, 6:30 PM, New Grand Buffet, Stringtown Road
04/24/2010	Saturday	Staff Meeting, 5:30 PM, Pine Manor
04/24/2010	Saturday	Chapter Gathering, 6:30 PM, Pine Manor <i>Potluck Theme: Breakfast Food</i>



## MAY

05/01/2010	Saturday	Ride 'N' Eat, 9:00 AM, east meeting point <i>Roscoe Village and Ohio Power Plant Tour, Coshocton</i>
05/12/2010	Wednesday	Midweek Dinner Ride, 6:30 PM, south meeting point <i>Deer Creek Lodge Restaurant</i>
05/22/2010	Saturday	Staff Meeting, 5:30 PM, Pine Manor
05/22/2010	Saturday	Chapter Gathering, 6:30 PM, Pine Manor <i>Potluck Theme: Mom's Favorite Recipes</i>
05/28-31/2010	Friday-Monday	Memorial Weekend Camp & Ride, details TBA <i>Rocky Fork State Park</i>



## JUNE

06/05/2010	Saturday	Annual Cruising for Canines Poker Run, details TBA
06/10/2010	Thursday	Midweek Dinner Ride, 6:30 PM <i>Ding Ho Restaurant, West Broad Street and Phillipi</i>
06/16/2010	Wednesday	Cedar Point, 7:30 AM, north meeting point Sandusky
06/17-19/2010	Thursday-Saturday	Ohio District Buckeye Rally Wayne County Fairgrounds, Wooster
06/26/2010	Saturday	Staff Meeting, 5:30 PM, Pine Manor
06/26/2010	Saturday	Chapter Gathering, 6:30 PM, Pine Manor <i>Potluck Theme: Dad's Favorite Recipes</i>



## April Birthdays

4<sup>th</sup> Mike Griffith  
 5<sup>th</sup> Lisa Griffith  
 12<sup>th</sup> John Arbogast  
 21<sup>st</sup> Terry Woodbury  
 26<sup>th</sup> Rosemary McBeth

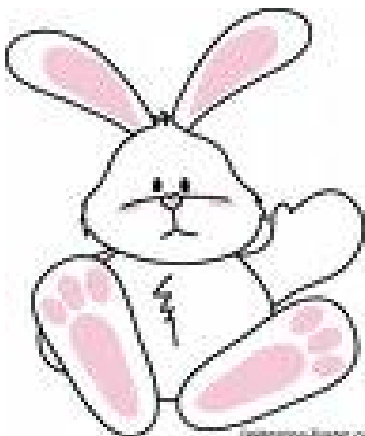
## April Anniversaries

None listed

Chapter	Meeting Date	Time	Food Prior	Location	CD's #
OH-B3	1 <sup>st</sup> Saturday	9:00 AM	coffee & doughnuts	Obetz Community Center, 1611 Chillicothe Street, Obetz	(614) 833-4204
OH-Z2	1 <sup>st</sup> Wednesday	7:00 PM	dinner @ 6:00 PM	Byxbe's, 1502 W. William Street, Delaware	(614) 923-9649
OH-D3	2 <sup>nd</sup> Wednesday		yes	Sandy's Bar & Grill, 333 Millcreek Drive, Marysville	(937) 246-3221
OH-Q2	2 <sup>nd</sup> Thursday	6:30 PM		6906 Old Tarlton Pike, Circleville	(740) 474-1830
OH-F3	3 <sup>rd</sup> Tuesday	7:30 PM	dinner @ 6:30 PM	Fat Cat's Pizza, 1448 Ety Pointe Drive, Lancaster	(740) 654-7156
OH-O	3 <sup>rd</sup> Thursday	7:00 PM	dinner @ 6:00 PM	Stacy's Buffet, 79 North to 30 <sup>th</sup> Street, then west	(740) 928-4616
OH-B2	2 <sup>nd</sup> Thursday	7:00 PM	potluck	Bellefontaine JVS @ The Inn	(614) 467-4524
OH-Y2	2 <sup>nd</sup> Tuesday	7:00 PM	dinner @ 6:30 PM	Papa Chuck's Restaurant, 375 Muskingum, Zanesville	(740) 453-0211
OH-U2	4 <sup>th</sup> Saturday	6:30 PM	dinner	Hilliard Library, 4772 Cemetery Road, Hilliard	(614) 563-9249
OH-Y	1 <sup>st</sup> Saturday	7:00 PM		Groves Church of Christ, 7740 Groves Church Road, Gambier	(740) 924-4780
OH-P2	3 <sup>rd</sup> Tuesday	7:00 PM		Church of Christ & Christian Union Fellowship Hall, 770 Jefferson Avenue, Chillicothe	(740) 993-2863



# Happy Easter Everyone



## Chapter Director

Russ Ridgeway

It's hard to believe it's April already and I have yet to get the bike out of the garage. It has been fired up and is ready to go. I really longed for my bike while at my sister's in the Bay Area, it was a beautiful time. The city was clear everyday and no fog rolled in at night, so the views of the city and both the Bay Bridge and the Golden Gate Bridge were fantastic. In all my travel in the USA, I would have to say I enjoy the Bay Area the best when it comes to a metropolitan setting.



I am not sure whether it comes with age, wisdom (no I am not there yet), or the fact that when riding a bike a more relaxed pace is better than hammer slabs of concrete, but I have become more nostalgic. Last year I wrote about riding Route 66 from Chicago to Los Angeles, termed "The Main Street of America" or Mother Road. It is about 2200 miles and visits 8 states. You can get your kicks on Route 66. There is a second stretch of road known as the Coast to Coast

Highway. It was the idea of Carl Fischer in 1912, who felt the nation should have a quality road from coast to coast. At that time, except for around cities and towns, most roads were dirt and severely rutted. Carl Fischer was also the owner of the Indianapolis Motor Speedway and had proven the durability of brick as a paving surface. As a result, most of the highway, named the Lincoln Highway, was paved with brick. Today several areas still have the original brick. The Lincoln Highway begins in New York City and passes through 12 states (13 if you included the Denver Loop) before terminating in San Francisco's Lincoln Park just southwest of the Golden Gate Bridge. While in the Bay Area, I visited Lincoln Park and took pictures of the Lincoln Highway's Western Terminus Marker.

In 2011, one of the things on my Bucket List is to ride to Chicago, pick up Route 66 and ride it to LA. After finishing Route 66, I plan to head up the costal highway, California 1, to San Francisco. In San Francisco, I would pick-up the Lincoln Highway and ride it back to Upper Sandusky, Ohio. It will be a long ride, but very nostalgic. If anyone would like to join me on this ride please let me know, I think a group would be more fun.

Last year I completed an item on my "Bucket List", which was to ride the road to Lysebotn in Norway. It had 30 hairpin turns in 6 kilometers and finished off with a 1.1 kilometer tunnel. There was another twist, that Rox enjoyed, two way traffic, yet only a lane and a half wide.

Don't forget some of the upcoming rides, such as Neil Armstrong Space Museum on Saturday April 10<sup>th</sup>, and the MWD Ride to City BBQ in Westerville on April 13<sup>th</sup> (you have to have your taxes done to ride). In addition, coming up May 1<sup>st</sup> is the Roscoe Village ride and optional tour of the Conesville Plant.

~~ Let's Ride Together, Russ

## Assistant Chapter Directors

Rosemary & Kevin McBeth

### Motorcycle Journey

Feel the earth beneath you feet  
Past the fields of golden wheat.

See the clouds up in the sky  
Snow capped peaks go drifting by.

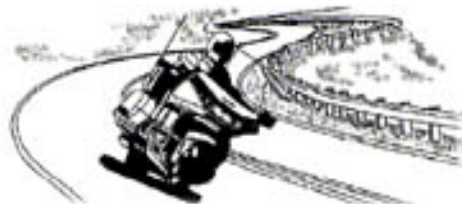
Touch a cactus, have some fun  
Ride beneath the desert sun.

Smell the sea spray in the air  
Along the beaches, everywhere.

Hear the wind and feel the breeze  
Blowing through the northern trees.

Taste the rain upon your tongue  
Look out Sturgis, here we come!

~~ Written by: Marilyn Ferguson 1998



# Rider Education

Mike Griffith

## Riding, Not Driving Your Motorcycle

Riding your motorcycle is a reactive activity. This means you do not sit passively on the saddle like a sack of potatoes (as you do in your car)! One 'drives' a car but 'rides' a motorbike. This deliberate change of verb is no accident. Essentially, for every force/action that the bike subjects your body to you have an equal and opposite reaction.

**Accelerating:** For example, when accelerating quickly the motorbike jumps forward leaving your body 'behind'. A beginner rider just hangs onto the handlebars for dear life - an experienced biker has an equal and opposite reaction by leaning forward. This does two things, i.e., it keeps the arms free and relaxed and keeps weight on the front wheel. Physiologically the benefit is the biker being in control and not the wild beast somewhere in the engine, again creating a better rider.

**Braking:** The reverse happens under heavy braking. The motorcycle slows down while your body wants to continue over the handlebars. A beginner pushes against the handlebars in a desperate attempt to stay on - an experienced rider has an equal and opposite reaction by leaning back slightly and gripping the bike with the inner thighs. This does three things, i.e., keeps the arms free and relaxed, prevents excessive downward force on the front wheel, which in turn allows the braking action of the back wheel to be more effective.

**Cornering:** Another example, as the motorbike leans over to the left you tip your head to the right - as the bike leans to the right you tip your head to the left. All this 'head tipping' results in your eyes (and brain) seeing a horizon that is horizontal and not sticking up at a 45° angle. The advantages should be obvious!

Once these three examples have been mastered you learn to allow your body to be reactive at all times in other situations, e.g., going over speed bumps, avoiding potholes and maintaining maximum tire traction on bad surfaces.

In short, it's about riding - not driving!

~~ Be Safe, Be Seen and Enjoy the Ride! Mike

# Membership Enhancement Division

Terry Woodbury

Already we have gone thru three months of this year and it looks like the snow should be over (I am not going to hold my breath). Each of us adds to the chapter in many different ways. It may mean you set out to recruit 1 or 2 new members, or help get some of the old members back. There are a lot of different ways to help our Chapter.

I am looking forward to the rides this year, going to new and different places. Looking forward to just riding my bike. The smells in the air, the curves, the view just over the next hill, these are the things I now enjoy the most. Riding with our Chapter is memories in the making that will stay with me for the rest of my life.

Now with the friendships I have made motorcycling and the motorcycling adventures I have had..... "WHAT MORE COULD YOU ASK FOR"? I may not be wealthy in monies or many homes, but I am rich in the friends I have in my Chapter and in motorcycling. So, let us all think about ways in which we can help our Chapter and its members in this new year.

"EVERY MEMBER MATTERS"

Remember, when you are out and about, even in your four wheels, make sure you have a GWRRA Application Form and/or a copy of the Wing World. This should help when you're talking with someone about GWRRA.

See you at the next Chapter Gathering.

~~ Your Mec, Terry



## Riding Season Preparation Results from Chapter Gathering

1. What should you do to prepare yourself for the first Spring ride?
  - Get a tetanus shot
  - Gerbing wear (heated clothing)
  - Eat a healthy meal
  - Stretch, especially leg muscles
  - Parking lot practice
  - Reinstate insurance
  - Get your eyes checked
  - Get a health check
  - Make sure your gear stills fits
  
2. What should you do to prepare your bike for the first Spring ride?
  - Stock up on Twizzlers
  - T-CLOCS inspection
  - Wash from last year (NO tire shine)
  - De-winterize
  
3. What should you have on your bike for the first Spring ride?
  - Medical records
  - Rain gear
  - Jackets
  - Gloves
  - First Aid Kit
  - Engaged brain
  - Yourself wearing a helmet
  - Co-rider (after you get one with your bike)
  - Jumper cables
  
4. How should you dress for Spring riding?
  - Layers
  - Long sleeves, long pants, boots
  - Gerbing (heated clothing)
  - Bright, reflective clothing, leather
  - Rain suit, waterproof gloves
  
5. What are Spring riding hazards?
  - Pot holes
  - Loose gravel or cinders
  - Cold, rainy weather (potential hypothermia)
  - Wet roads, black ice
  - Road kill
  - Fog
  - Sudden snow storms
  - High winds
  - Being out of practice
  - Crazy drivers (all year round)
  - Drivers not yet looking for motorcycles

## Motorist Awareness Division

Sheila & Ed Greier

### SPRING IS HERE!!!!

Did you hear me? SPRING IS HERE! So how excited are you? Have you cleaned off your bike and been out on the road yet? I've had my Shadow out a few times, shaking off the cobwebs that built up on it over the winter and perhaps a few from my head as well. And Ed's been out on his Wing going back and forth to work as much as the weather has allowed so far.

For us Spring means cleaning up the bikes that have been hunkered down in the garage all winter, rearranging everything so we can get to them easier and finally getting them out on the road. Spring means checking out weather.com on the off chance there is an extra hour or two of good weather. Good weather that will allow us to get in a few two – wheeled miles, while practicing our bobbing and weaving around the multitude of potholes. It also means getting out the maps and planning for our upcoming rides. Michigan and Wisconsin are looking good for us this year; we may even make it to Des Moines for Wing Ding. Memorial weekend looks like we will be spending time with our GWRRA friends in Hocking Hills at Zoe's Retreat and plans are being made for our Labor Day weekend ride to Harper's Ferry in West (By God) Virginia. We are also helping out with the planning for the Cruising for Canines Poker Run that U2 will sponsor June 5<sup>th</sup>.

Please take some time and check out the planned rides and other events that are coming up this year and join us and other GWRRA members. Take the time to remember how much fun you have had in past group events. Whether it is the great food at the gatherings and dinner rides, riding with friends on day rides or even the occasional weekend or weeklong trip; come on out. I've learned so much since joining Chapter OH-U2 and have had some truly great times learning about being a co-rider, then a rider on my own bike. Ed and I even found out the hard way just how important it is to be riding with our GWRRA friends who are educated and trained in first aid and crash scenes through our rider educators. We were enjoying a fantastic group ride to Montana up until we met up with the pavement. We are so grateful for the GWRRA friends who cared for us and saved me from the well meaning bystander who wanted to remove my helmet.

On a lighter note, one of my fondest vacation memories is our trip to Greenville, South Carolina, two years ago for Wing Ding. I traveled with OH-U2 members, met up with others along the way and at the rally, rode the Tale of the Dragon and the Cherahola Skyway, and yes..... took 10 hours to travel 180 miles in one day! That was a fantastic trip. This is what being a member in GWRRA is all about.

Remember: Friends for Fun, Safety and Knowledge

~~ Sheila



Ride Aware: Motorcyclists are Dying to be Seen



