

GOLD WING ROAD RIDER'S ASSOCIATION



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OH-U2 Couple of the Year 2009
Vacant

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Heart of Ohio Wings - Chapter OH-U2

August 2009

UPCOMING EVENTS

AUGUST

08/13-15/2009	Thursday-Saturday	Rally at the Peak (previously known as Honda Homecoming) <i>Bellefontaine & Marysville</i>
08/13/2009	Thursday	Ride-N-Eat to the Light Parade, 6:00 PM <i>Hometown Buffet at Mill Run</i>
08/22/2009 ←	Saturday	Staff Meeting, 5:30 PM <i>Hilliard Library, 4772 Cemetery Road</i>
08/22/2009 ←	Saturday	Monthly Gathering, 6:30 PM <i>Hilliard Library, 4772 Cemetery Road</i>
08/23/2009	Sunday	18 th Annual Toy Ride for Children's Hospital, 11:30 AM <i>Start location - Scioto Downs, after-party - Franklin Park Conservatory</i>

SEPTEMBER

09/4-7/2009	Friday-Monday	Labor Day Weekend Ride, <i>Southern Indiana details soon</i>
09/15/2009	Tuesday	Midweek Dinner Ride, 6:30 PM <i>Digger & Finch, Riverside Drive, Dublin</i>
09/17-19/2009	Thursday-Saturday	Region D Rally, Celina, OH
09/19/2009	Saturday	Central Section Ride, <i>Details TBA</i>
09/26/2009	Saturday	Staff Meeting, 5:30 PM <i>Hilliard Library, 4772 Cemetery Road</i>
09/26/2009	Saturday	Monthly Gathering, 6:30 PM <i>Hilliard Library, 4772 Cemetery Road</i>

OCTOBER

10/02-04/2009	Friday-Sunday	Buckeye Time Out <i>Pastime Park, Plain City</i>
10/14/2009	Wednesday	Midweek Dinner Ride, 6:30 PM <i>Ding Ho Restaurant, West Broad & Phillipi Road</i>
10/17/2009	Saturday	Annual Fall Color Ride, <i>Details TBA</i>
10/18/2009	Sunday	Backup Date for Annual Fall Color Ride
10/2/2009 ←	Saturday	Staff Meeting, 5:30 PM <i>Pine Manor Clubhouse, Grove City</i>
10/24/2009 ←	Saturday	Monthly Gathering, 6:30 PM <i>Pine Manor Clubhouse, Grove City</i>

August Birthdays

8th Becky Jaeb
 25th Sue McClaskie
 26th Paul O'Day

August Anniversaries

6th Kevin & Rosemary McBeth
 16th Marty & Ginny Bell

Chapter	Meeting Date	Time	Food Prior	Location	CD's #
OH-B3	1 st Saturday	9:00 AM	coffee & doughnuts	Obetz Community Center, 1611 Chillicothe Street, Obetz	(614) 833-4204
OH-Z2	1 st Wednesday	7:00 PM	dinner @ 6:00 PM	Byxbe's, 1502 W. William Street, Delaware	(614) 923-9649
OH-D3	2 nd Wednesday		yes	Sandy's Bar & Grill, 333 Millcreek Drive, Marysville	(937) 246-3221
OH-Q2	2 nd Thursday	6:30 PM		6906 Old Tarlton Pike, Circleville	(740) 474-1830
OH-F3	3 rd Tuesday	7:30 PM	dinner @ 6:30 PM	Fat Cat's Pizza, 1448 Ety Pointe Drive, Lancaster	(740) 654-7156
OH-O	3 rd Thursday	7:00 PM	dinner @ 6:00 PM	Stacy's Buffet, 79 North to 30 th Street, then west	(740) 928-4616
OH-B2	2 nd Thursday	7:00 PM	potluck	Bellefontaine JVS @ The Inn	(614) 467-4524
OH-Y2	2 nd Tuesday	7:00 PM	dinner @ 6:30 PM	Papa Chuck's Restaurant, 375 Muskingum, Zanesville	(740) 453-0211
OH-U2	4 th Saturday	6:30 PM	dinner	Hilliard Library, 4772 Cemetery Road, Hilliard	(614) 563-9249
OH-Y	1 st Saturday	7:00 PM		Groves Church of Christ, 7740 Groves Church Road, Gambier	(740) 924-4780
OH-P2	3 rd Tuesday	7:00 PM		Church of Christ & Christian Union Fellowship Hall, 770 Jefferson Avenue, Chillicothe	(740) 993-2863



This newly married couple is dreaming of a baby. Can you find the hidden baby in this picture?

Chapter Director

Russ Ridgeway

Well, two months of the summer are now behind us. I have yet to put the mileage on my bike I expected to by this point in the summer. It seems to have flown by without any long trips. By the time you read this, a remedy should be in progress. Roxanne and I will be on our way to Sweden and Norway to put on a few thousand foreign miles. I hope the weather improves because the forecast the week before the trip showed rain every day and the high in the mid 60's. We will be packing our rain gear.

The economic down-turn apparently had an impact on Wing Ding, as attendance was only 50% of expected. Although no one from Chapter OH-U2 attended Wing Ding, I traveled to Tulsa for business the following Friday and heard several comments about the disappointing turn-out. I am not sure how hot it was during Wing Ding, but it was 103°F the day I was there. For those of you who haven't heard, Wing Ding 32 will be in Des Moines, Iowa, next year. If you plan to go be forewarned a direct route will take you through hundreds of miles of corn fields. Ed Greier suggested a route via Minnesota and Wisconsin.

The July ride was on the Triple Nickel and five people made the ride. Except for the gravel in the turns and lots of road kill, the ride was fun. We rode SR 78 from Malta to SR13 on the way back. This road had lots of turns, much less gravel and had some very scenic views.

I went out again on Sunday to Rock House in the Hocking Hills and traveled some great roads. The main purpose of the ride was to prepare for the hiking Roxanne and I will be doing in Norway. I rode Jack's Run, which has a few places to scrap your pegs. I thought I had bought the farm when a rabbit ran across the road while I was in a turn. It stopped and turned just before going under my rear tire.

The Annual Toy Ride is going to be held Sunday, August 23rd. Due to the need for people support of the event it is now hosted by the GWRRA Ohio Central Section. This has relieved a major burden from our Chapter. Although we are not the host, I still encourage our chapter members to participate in the ride and post-ride picnic at the Franklin Park Conservatory. This is a great service opportunity for the children of our community, which was begun by our Chapter nineteen years ago.

~ Let's Ride Together, Russ

Assistant Chapter Directors

Kevin & Rosemary McBeth

Okay, I have decided to do my part for this month's newsletter since my constant pleas to my hubby seem to fall on deaf ears. Hmm, I wonder why that is?

Kevin and I have seen a lot of changes take place in our lives over the past few weeks: we sold our beloved Gold Wing and our Toyota Camry so I could concentrate on school. Yes, school! I started back to finish a degree in Business Forensics and got a 98% (A) in my first class and am now in the second class studying global issues (so far with another solid A).

I have the best husband and kids (including the dogs) I think anyone can ask for and my family of Gold Wingers is the best. Through the sale of the Gold Wing and Camry we had the opportunity to meet a couple of GWRRA members from Michigan. They were all very nice and shared many of their GWRRA stories with us and vice versa. I knew the many people I have met in the Ohio chapters were very pleasant and would always go out of their way to give you a hand, but I have found that even the state to the north of us has a lot of great people too.

So the next time we go to buy a new bike or car I am definitely going to be looking for more Gold Wingers to add to our list of friends.

I want to send a special THANK YOU to Sheila for helping me out with one of my school assignments during my current class.

~ Rosemary & Kevin



"Soiling your pants every time you ride your bike fast isn't a medical condition. It's probably a mixture of fear and excitement."

Rider Education

Russ Ridgeway

Good, experienced riders remain aware of their surroundings. They improve their riding strategy by using Scan, Identify, Predict, Decide, Execute (SIPDE), a five-step process used to make appropriate judgments and apply them correctly in different traffic situations.

Scan — Search aggressively ahead, to the sides and behind to avoid potential hazards even before they arise. How assertively you search and how much time and space you have can eliminate or reduce harm. Focus even more on finding potential escape routes in or around intersections, shopping areas, school zones and construction zones. Be especially alert in areas with limited visibility. Visually busy surroundings could hide you and your motorcycle from others.

Scan for - Oncoming traffic that may turn left in front of you; traffic coming from the left and right; traffic approaching from behind; hazardous road conditions.

Identify - Locate hazards and potential conflicts; vehicles and other motorcycles may move into your path and increase the likelihood of a crash; pedestrians and animals may be unpredictable and make short, quick moves; stationary objects like potholes, guard rails, bridges, roadway signs, hedges or trees will not move into your path but may influence your riding strategy.

Predict - Consider speed, distance and direction of hazards to anticipate how they may affect you; cars moving into your path are more critical than those moving away or remaining stationary; predict where a collision may occur; completing this “what if...?” phrase to estimate results of contacting or attempting to avoid a hazard depends on your knowledge and experience.

Decide - Determine what you need to do based on your prediction; the mental process of determining your course of action depends on how aggressively you searched; the result is your action and knowing which strategy is best for the situation; you want to eliminate or reduce the potential hazard; you must decide when, where and how to take action; your constant decision-making tasks must stay sharp to cope with constantly changing traffic situations; the decisions you make can be grouped by types of hazards you encounter: Single hazard, two hazards, multiple hazards.

Execute - Carry out your decision. To create more space and minimize harm from any hazard: communicate your presence with lights and/or horn; adjust your speed by accelerating, stopping or slowing; adjust your position and/or direction.

Apply the old adage, “one step at a time”, to handle two or more hazards. Adjust speed to permit two hazards to separate. Then deal with them one at a time as single hazards. Decision making becomes more complex with three or more hazards. Weigh the consequences of each and give equal distance to hazards. In potential high-risk areas, school zones and construction zones, cover the clutch and both brakes to reduce the time you need to react.

~ Ride Safe, Russ

Ride Coordinator

Leroy Witzel

Hi folks, I haven't been around much this year. Seem to be busy whenever events come up. There was no mention of motorcycles or gatherings for the time of the June Gathering. It was our anniversary on that Saturday and I stayed home and went out for dinner. Momma didn't raise a dummy.

So far I've taken two camping trips this year. One was to Grandpa's pond in Auglaize County near Indian Lake. We caught some nice sized bass in the pond. OK, OK, I caught one but one of the other guys caught 7 (we released them). We met a new friend and called her Jack (she was a Jack Russell Terrier). She was a friendly little dog. Matter of fact, on Saturday morn she crawled out of one of the guy's tent. He said she just went in there, curled up in the corner and went to sleep. We threatened to call his wife and tell her he was sleeping with a girl, but she was a real dog, but we chickened out. Two weeks later the family had a birthday party at the pond for Grandpa (92 years young). Jack showed up again and I found out Jack's name is really Ford and she lives across the road. But she will always be Jack to me.

The second trip was a bit further away, 507 miles from my driveway to KOA near Asheville, NC, and of course the same distance back. This was my longest trip pulling a camper. All went well but the camper was fish tailing a bit. I had correct tongue weight and could not figure out why. The fellow we camped with said he's pulled a camper his entire adult life, really had praise for my little Quik Kamper. He said to reduce the tires to 15-20 lbs (I had 50 lbs). I thought that was too low, so I dropped them down some. It did pull better but still had some wobble. Dropped it down a little more. It pulled like a champ. No wobble and could hardly tell it was back there. Go figure!

All was fun and peaceful. This was a Yamaha Venture campout with old Venture touring machines. There were 3 that were torn down and being worked on. This is something that just does not happen at a Gold Wing camp. But I bet it would be if a lot of us were riding vintage Gold Wings out of the early 80's.

Saturday morning community breakfast was a little exciting. I was fixing cornmeal mush at our campsite and all of a sudden there were flames shooting up about three feet in the air under a plastic canopy at the community breakfast site. A Coleman fuel stove was left unattended, went out, and somehow reignited. Due to someone's quick thinking, the stove was tossed in the grass and left to burn. If the stove hadn't been tossed there might have been more than the bacon that was crispy. I will be purchasing a small fire extinguisher to keep close while cooking at a camp.

I did get to ride the Blue Ridge Parkway. After about 60 miles at 45mph, I was ready to bail off. And that's all I have to say about that.

The next camp trip is to Weidman, Michigan. There is something called an International Brotherhood of Motorcycle Campers and they are meeting there. The Venture riders are meeting there also. I think I will go and check it out. This is weekend of August 27, 28, 29. As usual, if you are interested, please contact me and make plans. Distance is about 330 miles.

The Labor Day trip for the chapter is out for me. Wife and I have our traditional walk of the Mighty Mackinac Bridge on Labor Day.

~ Well, that is it for now. Ride safe, Leroy

Membership Enhancement Division

Terry Woodbury

Well, July is over and August has arrived. A lot of things have been going on in GWRRA. WING DING in Tulsa, OK, is over for this year. But one thing you should be doing all year long is recruiting new members and/or talking to members who have left for one reason or another.

As I was reading my latest issue of Wing World (Aug 2009), I came across the article (page 7) that Melissa Eason (Executive Director) wrote. She talked about two more new benefits that have been added to your membership. One is dealing with an affordable healthcare plan (AmeriPlan). It is not insurance, but rather a network of contracted providers who offer their services at significantly reduced rates to members. The second new benefit is the LifeLock protection services that has a new discount program for GWRRA members. You can read more about these new programs in Melissa's article. It has a point of contact and a website so you can get more information.

Also, remember you could possibly win a free room at Wing Ding 32 (Des Moines, Iowa) by renewing your membership for 3 years. That is all you have to do. All entries are automatic. This program runs to December 31, 2009.

Remember when you are traveling, make sure you have membership applications in the trunk of your bike, because you never know who you will meet.

One thing that should always be on your mind is having FUN. Also, talk to other riders about GWRRA. Retention and recruitment is the fore front of National and your local Chapters. Continue to watch for new Benefits and Discount Programs(see page 51, August 2009, issue) for a list of these benefits and discounts.

Have you checked your membership lately? Remember "Every One Matters".

~ Your MEC, Terry

Motorist Awareness Division

Sheila & Ed Greier

Motorcycles Keep You Young

Non-riders ask all the time: "Why do you ride?" I'm sure there is a multitude of answers to that question but I have heard many motorcyclists say the reason they ride is because it keeps them young. Well, now there is evidence confirming this belief. Riding "...helps keep drivers young by invigorating their brains". True story!

Recent research done by Yamaha Motors and Ryuta Kawashima, the scientist/designer of the Nintendo DS game "Brain Age", has proven it. The study involved men, all in their 40's and 50's who had motorcycle licenses but who had not ridden a bike in over 10 years. Split into 2 groups, one group rode motorcycles in everyday life situations for two months and the other group continued using bicycles or cars. Afterwards, the group who rode the motorcycles had higher scores in cognitive function tests. In one test the bikers showed a more than 50% improvement while the non-riders showed slight deteriorations on those same tests. The riders also reported "...they made fewer mistakes at work and felt happier."

Kawashima is quoted as saying, "I think we made an interesting stir here as data showed you can improve your mental condition by using motorbikes to commute." Now how great is that!?! Finally research that has an implication in my life! The more we ride, the smarter we get. The smarter we get, the more we should ride. And yes, Kawashima is a motorcyclist.

Now if someone can just find a similar function for those who don't ride which would increase their ability to see us on the road with them, then all in life would be good.



Ride Aware: Motorcyclists are Dying to be Seen

~ Sheila (and Ed)

Dealer Liaison

Rob & Lynn Berridge

The focus of this month's article will be a little different. Several people asked for this recipe after our July U2 gathering. I got it from the Lutheran Social Services of Central Ohio Auxiliary Cookbook.

LEMONADE CAKE

1 pkg. lemon cake mix

6 oz pkg. lemon pudding

1 c. plus 1 tbsp. water

1/3 c salad oil

4 eggs

2 c. powdered sugar

6 oz. can frozen lemonade concentrate

Beat cake mix, pudding, water, oil and eggs for 4 minutes. Pour in 9 x 13 inch pan. Bake until done at 350 using guidelines on cake mix box. Jab all over with fork. Combine powdered sugar and lemonade concentrate. Beat then pour over cake. Put in oven for 5 more minutes. Makes a very moist "lemony" cake.

Rob took a demo ride on a 2300 cc Triumph Rocket motorcycle. Good news! He still prefers our 1800 cc Gold Wing.

Enjoy the rest of the summer riding season! (Be sure to keep the rain gear close by).

~ Lynn (and Rob)

